

# Check-Ups Solution

PathFinder's On-Site Program:

## Check Ups

Your prescription for prevention.

- ✓ **Covered Benefit**
- ✓ **Goal of Screening**
- ✓ **Doctor-Led Advocacy**
- ✓ **On-Site Appointments**
- ✓ **Supported Outcomes**
- ✓ **Care Integration**



# Check-Ups Solution

## **Covered Benefit**

Insurance companies and corporate health plans have recognized the value of these exams by offering them with no co-pay or deductible. As a result, these services are available at no out-of-pocket cost to the employee and no incremental cost to the employer. Annual Preventive Check-Ups are therefore provided as a budget-neutral service being covered under CPT Code: #99386 or #99385; depending upon the age of the individual.

## **Goal of Screening**

This follow-up visit is the chief goal of biometric screenings. The inherent goal of corporate wellness efforts has been to identify employees at risk and convince them to go see a physician. Our doctors review each participant's data through a face-to-face consultation over all relevant history, risk factors and clinical data.

## **Doctor-Led Advocacy**

Being the most senior expert in health care, doctors are accepted as an approachable authority and carry the strongest influence over health behaviors. The doctor reviews all data collection and provides an general exam evaluation of the head, eyes, ears, nose, throat, neck, chest, heart and lungs. Relevant findings are reviewed and specific recommendations are discussed and documented in their report. Appropriate referral and follow-up recommendations are clarified with each participant and engagement in useful available services is recommended. The doctor is key for effective integration.

## **On-Site Appointments**

PathFinder works with each location to establish an effective way to communicate the exam details to all employees and we provide suggested messaging and materials for these efforts. Most participants choose their own appointment times via our on-line scheduling software, however paper or telephonic scheduling is available when needed. Providing this care on-site vastly improves accessibility allowing for participation of many individuals who would otherwise not find the impetus to get their check-up.

## **Supported Outcomes**

We support you with a host of materials around email, posters, media, standees with a unified campaign theme to sign-up of check-ups. We also integrate health app support. We can also support your internal outcomes into programs or opportunities you currently offer to increase their efficiency and engagement.

## **Care Integration**

We improves employee's easy access to a physician who is solely focused on their preventive health needs. Inserting a doctor into this window of opportunity significantly increases the engagement of at-risk employees into a local healthcare home, in-network health system and disease management programs.